

# COMPASS

LEADERSHIP AND MANAGEMENT TRAINING AND MENTORING FOR EARLY-CAREER RESEARCHERS



**Fall cohort launches Sept. 11, 2023!**  
**[Apply now at researchercompass.org](https://researchercompass.org)**

## HOW DOES COMPASS WORK?

Compass scholars learn remotely via a collaborative online learning platform, live virtual sessions with experienced mentors, and peer mentoring teams.

- 10 weeks of foundational training and mentoring (3 hour weekly commitment)
- 6 months of ongoing learning and mentoring (2 hour monthly commitment)

## WHAT WILL SCHOLARS DO?

- Build a personalized lab manual to welcome and orient team members to their lab
- Engage in team-based peer mentoring
- Learn from experienced mentors
- Get practical tools to use in their lab
- Cultivate a supportive, inclusive environment

## WHAT WILL SCHOLARS LEARN?

Scholars will learn communication, leadership, and management skills to navigate becoming a lab leader.

- Handle difficult conversations
- Manage expectations and progress
- Ensure rigor, reproducibility, and transparency
- Model responsible conduct of research
- Manage stress and personal well-being
- How to build and benefit from a diverse lab

## ELIGIBILITY

All junior faculty and postdocs in the biomedical sciences at any U.S. academic institution who lead or plan to lead research are eligible to participate. Those from underrepresented groups are strongly encouraged to apply.

## COST

To keep the program accessible, there is currently no cost to participate. Compass is funded by the NIH and fees are waived for the duration of the grant.

## OUR TEAM

Compass was developed by a diverse team of workplace psychologists, career development experts, and NIH-funded researchers at Washington University School of Medicine in St. Louis.



## CONTACT US

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