

# Heart Failure and Mitochondrial Function

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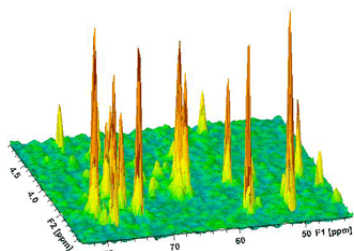
Translational  
Research Institute

# Overview of Presentation

- 1) Introduction to myself and my KL2 project
- 2) Timeline of training and research during KL2
- 3) Research update
- 4) Plans ahead

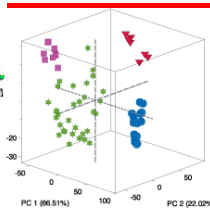
## Background:

- Ph.D. and postdoc Analytical Chemistry
- Metabolomics Method Development
  - Statistical Analysis



Metabolites

## Metabolomics



Excellent tool for hypothesis generation

What next?

**Career Goal:** Research in aging using metabolomics techniques in clinical research.

### Training Goal:

#### Acquire skills necessary for clinical research

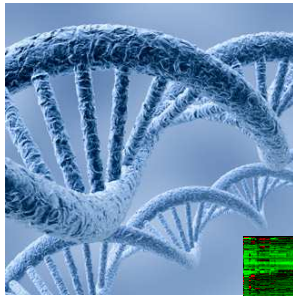
- 1) Regulatory Science
  - IRB submission
  - Informed Consent
  - Trial design
- 2) Isotope Tracer Methodology
- 3) NIH Grant Submission

### Research Goal:

#### Collect preliminary data for K25 research grant

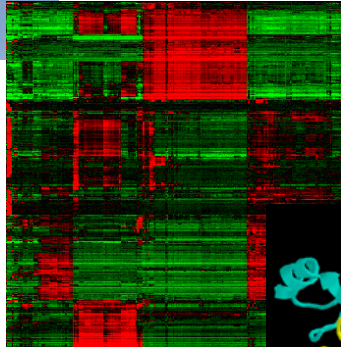
- 1) Validate methods in skeletal muscle
- 2) Demonstrate ability to conduct clinical research
- 3) Characterize metabolic signature of heart failure

# Metabolomics



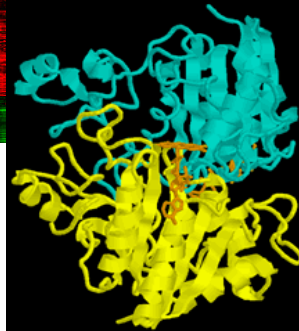
DNA

Genomics



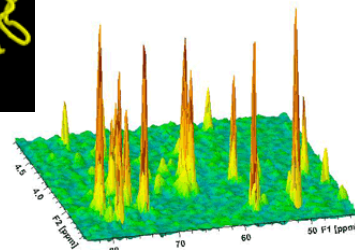
RNA

Transcriptomics



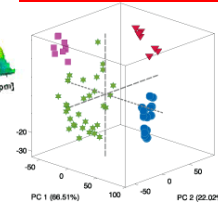
Protein

Proteomics



Metabolites

**Metabolomics**



# LC-MS Metabolomics Analysis

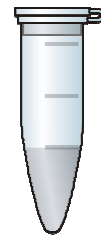
Load frozen biopsies into homogenization vials.



Homogenization



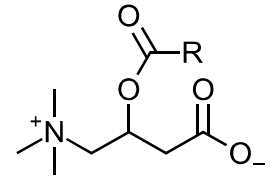
Raw metabolite extract



Cation exchange SPE



Acylcarnitines

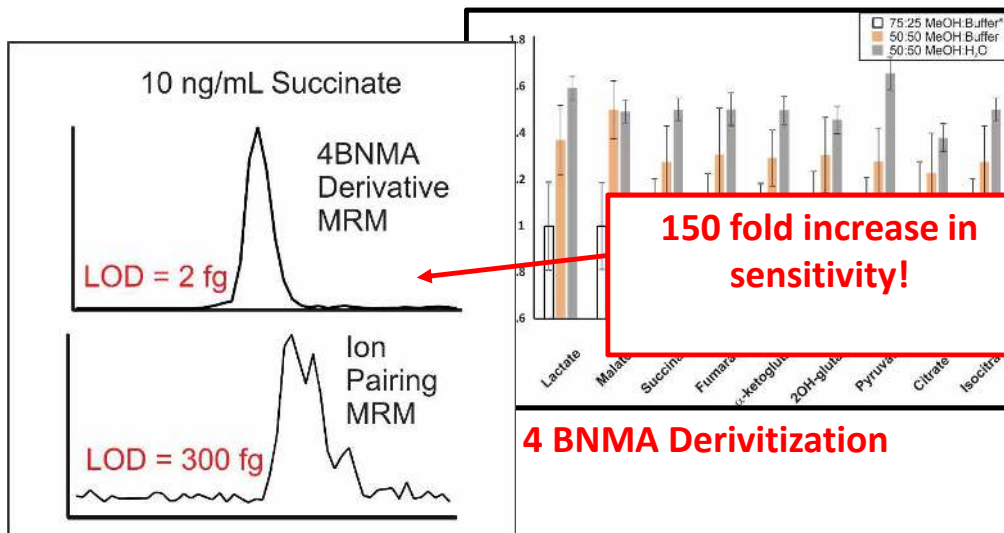
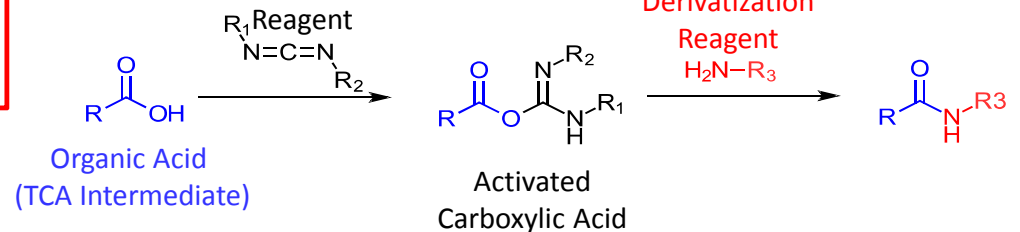


Spike with Isotope labeled Standards

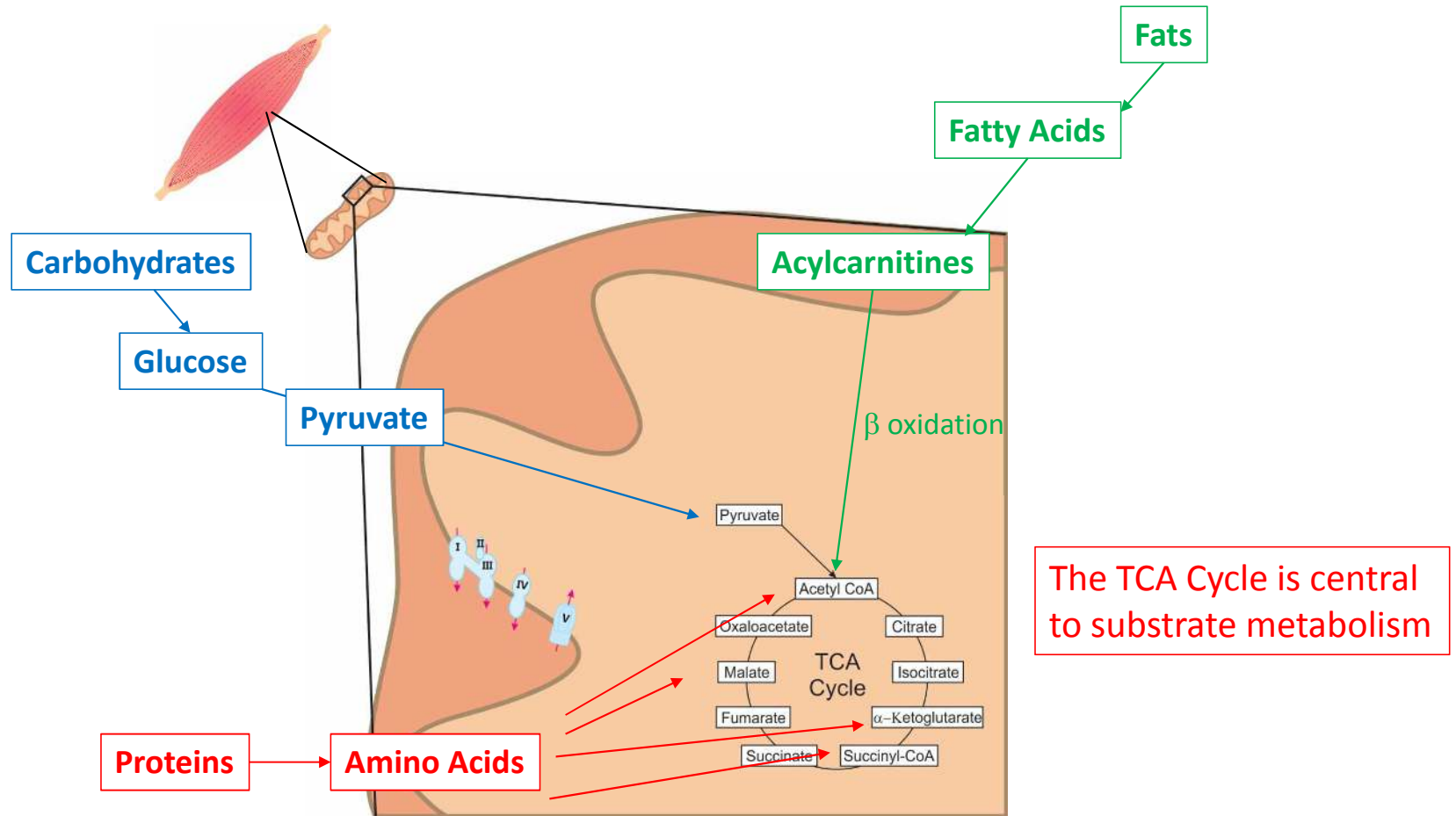
Functional Derivatization

Organic Acids (TCA intermediates)

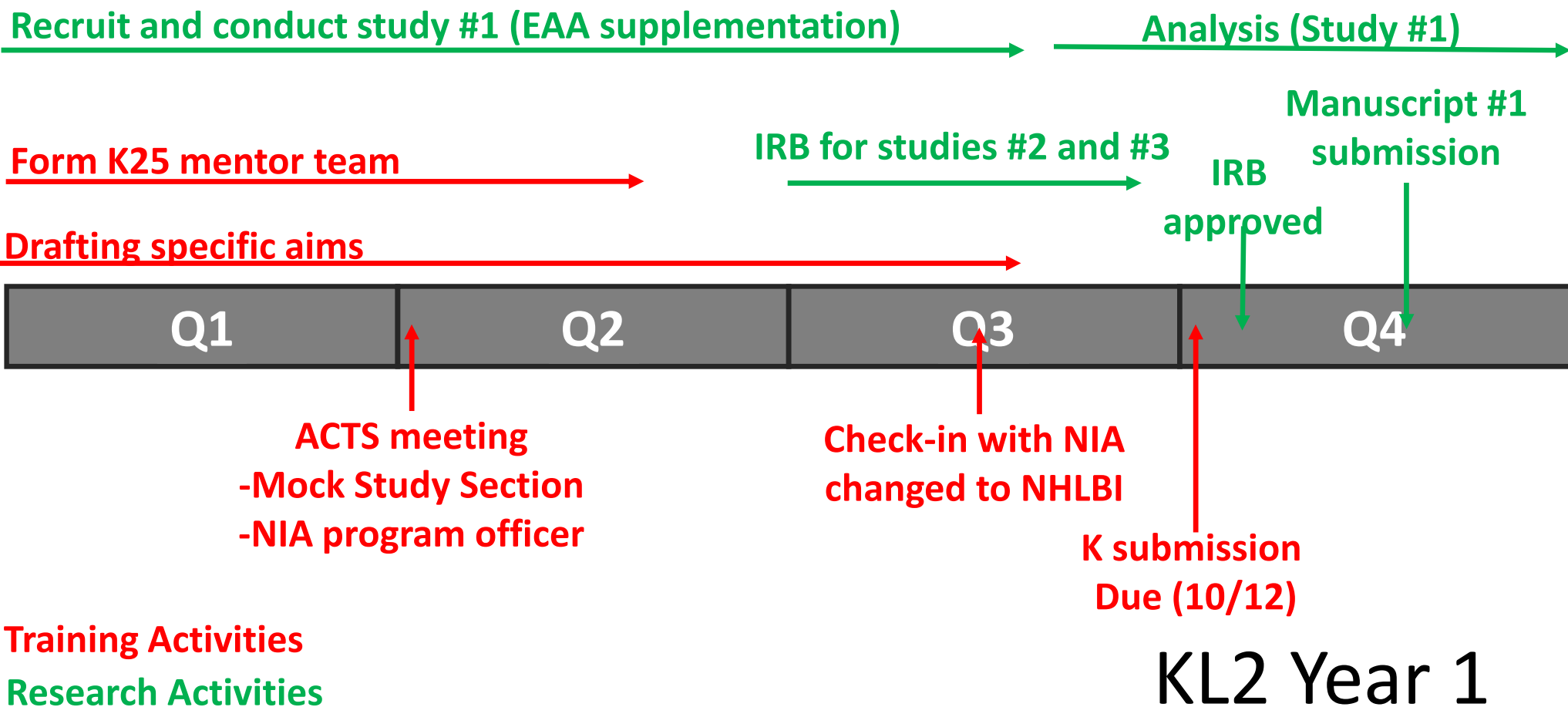
Carbodiimide Coupling



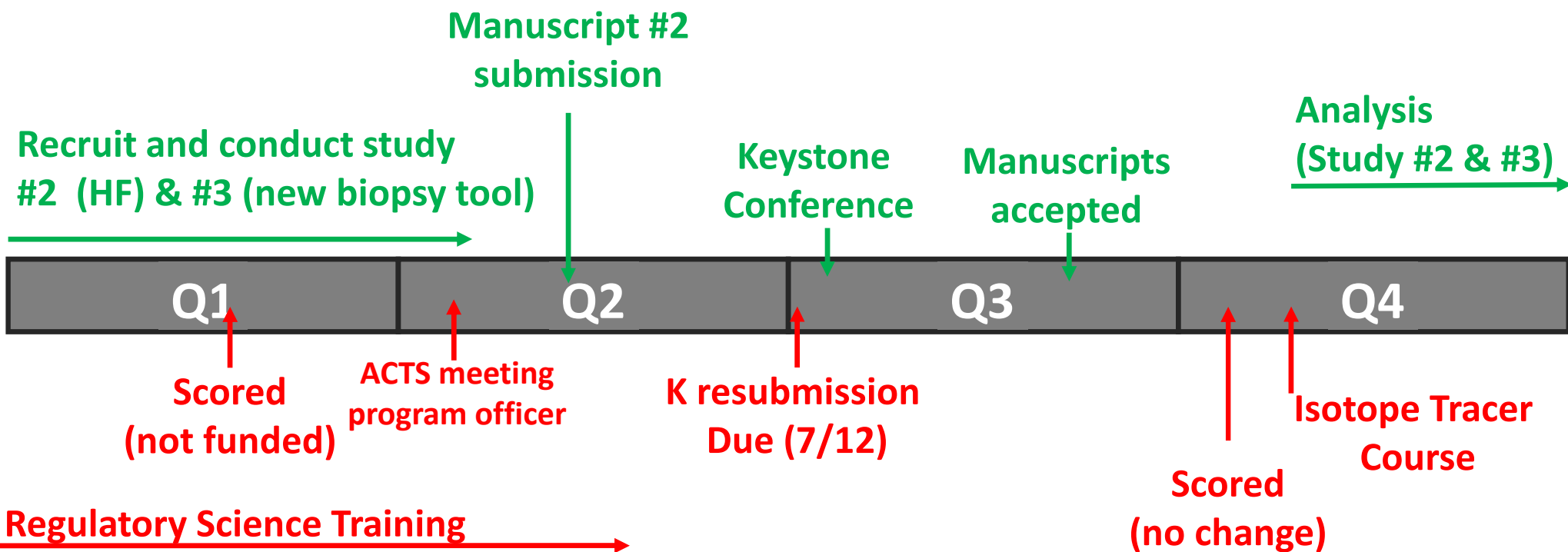
# Substrate Metabolism in the Mitochondria



# KL2 Timeline



# KL2 Timeline



Training Activities  
Research Activities

KL2 Year 2

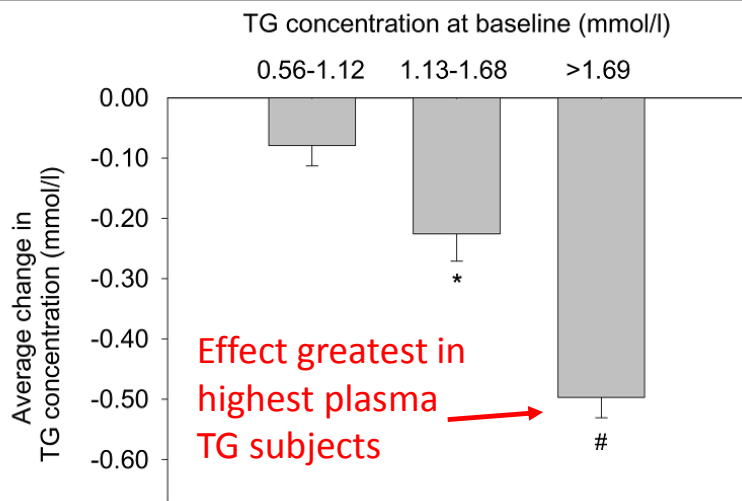


# Project #1: Essential Amino Acids (EAA) and Plasma TG

Plasma triglycerides (TG) are an independent risk factor for coronary heart disease.

Previous work:

Plasma TG decrease with chronic EAA supplementation



Borsheim *et al*, *Nutrition*, 2010

Overall goal

What are the effects of EAA supplementation on regional lipid metabolism?

My goal

What are the impacts of EAA supplementation on mitochondrial substrate metabolism?

# Essential Amino Acid Supplementation (EAAS)

<b>EAAS mixture</b>	3.26% Histidine	4.65% Phenylalanine
	8.57% Isoleucine	9.57% Threonine
	<u>35.88% Leucine</u>	7.44% Valine
	17.0% Lysine	9.97% Arginine
	3.59% Methionine	

<b>Dose</b>	Challenge: 22 g over 3.5 hours (drink)
	Chronic: 22 g a day for 8 weeks

# Subject Information

## Inclusion Criteria

Women and men age 50-75  
Fasting plasma TG between 130-500 mg/dl

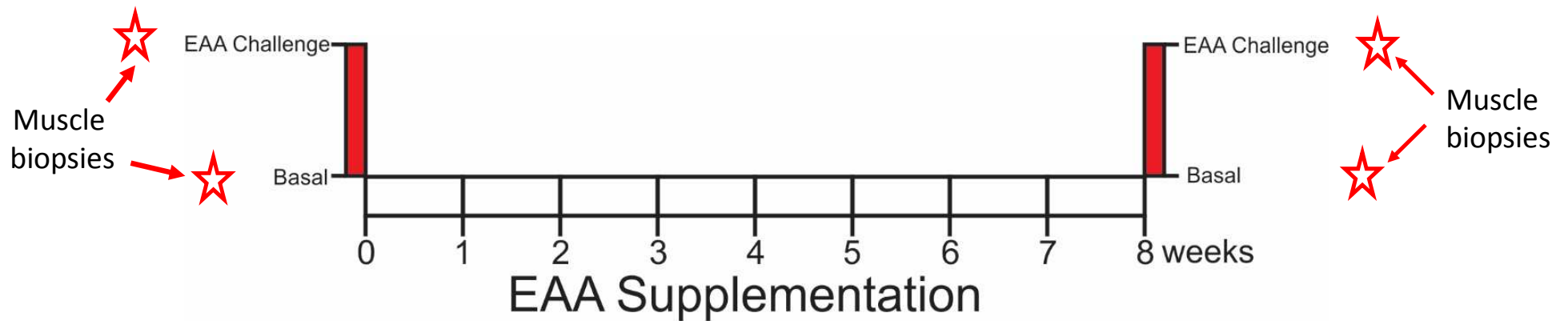
## Exclusion Criteria

Use of lipid altering agents  
Diabetes  
Kidney or liver disease  
Bleeding disorders  
Anemia  
Endocrine disease  
Hepatitis or HIV  
Alcohol Abuse  
Drug Abuse

Subject Gender (F/M)	Age (years)	BMI	Plasma TG Week 0 (mmol/l)	Plasma TG Week 8 (mmol/l)
(4/2)	69 ± 4	35 ± 9	2.3 ± 0.4	1.8 ± 0.3*

\* p < 0.05

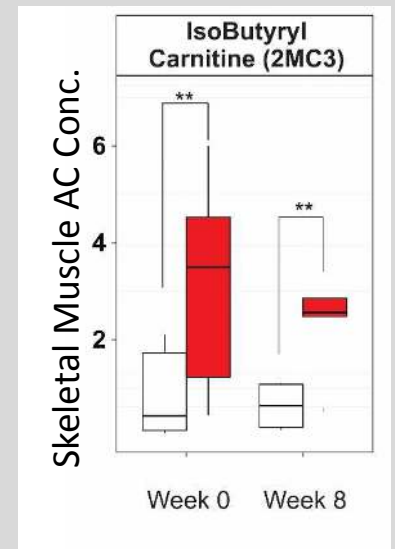
# Study Design



Targeted metabolite measurements in skeletal muscle biopsies collected.

## Evaluated three responses by paired t-tests

- 1) Changes in basal concentrations in response to EAA
- 2) Response to acute challenge of EAA
- 3) Change of response to acute challenge of EAA



Metabolites Measured:

Mitochondria

FFA

CPT

Acyl-carntines

Acyl-CoAs

$\beta$  oxidation

Pyruvate

Acetyl CoA

CoA

Citrate

Oxaloacetate

Isocitrate

TCA Cycle

$\alpha$ -Ketoglutarate

Malate

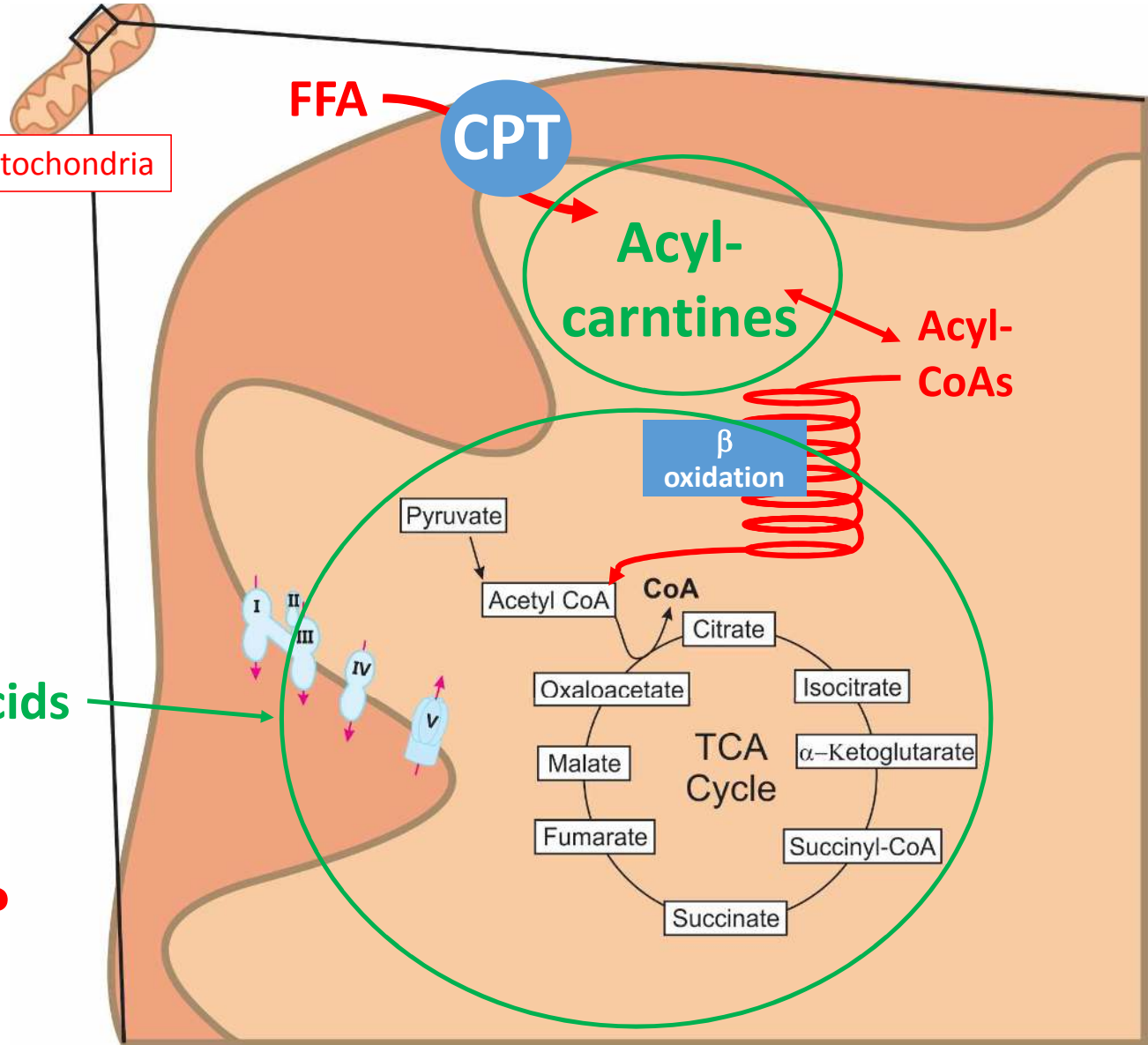
Succinyl-CoA

Fumarate

Succinate

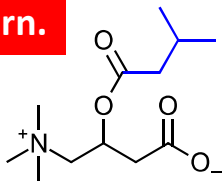
Organic Acids

What did we learn?

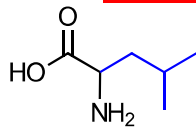


**1a) There is a large increase in acylcarnitines associated  
With oxidation of BCAAs in response  
to EAA challenge.**

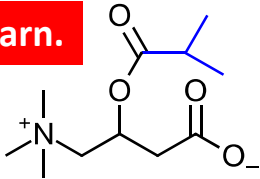
**Isovaleryl Carn.**



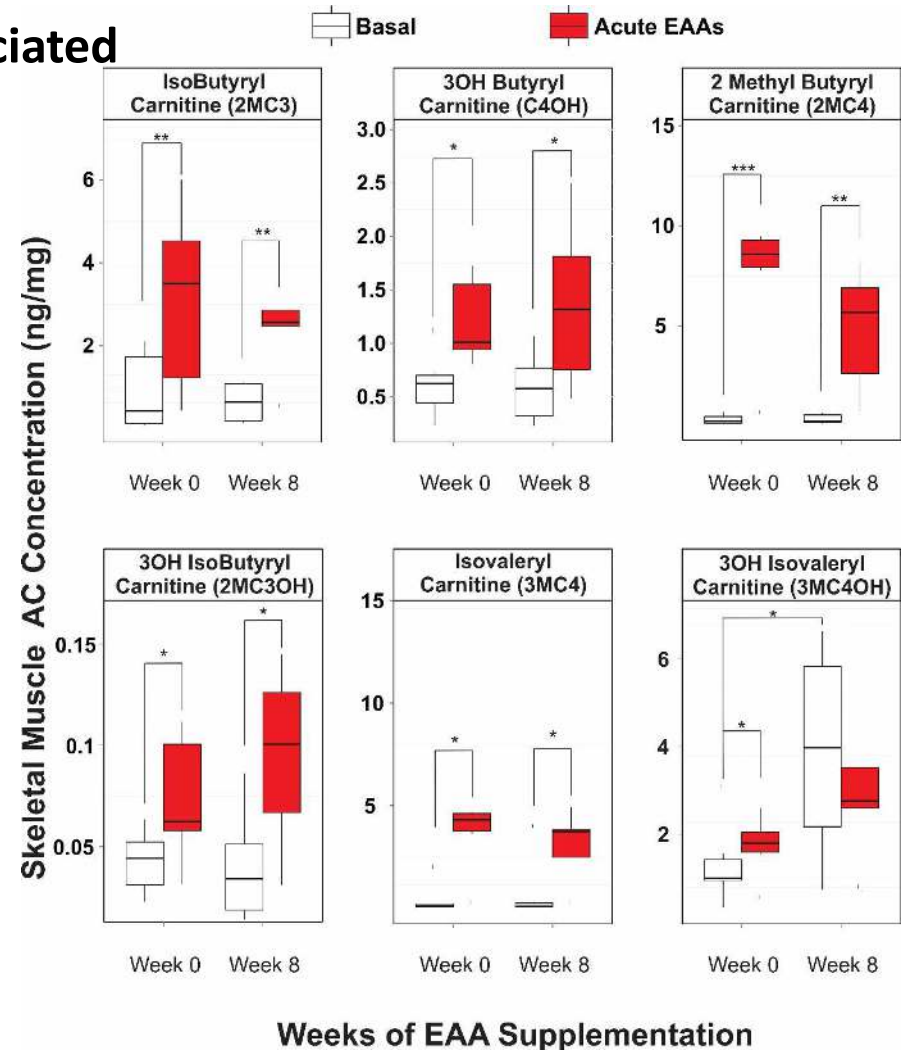
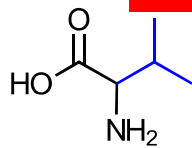
**Leucine**



**Isobutyl Carn.**



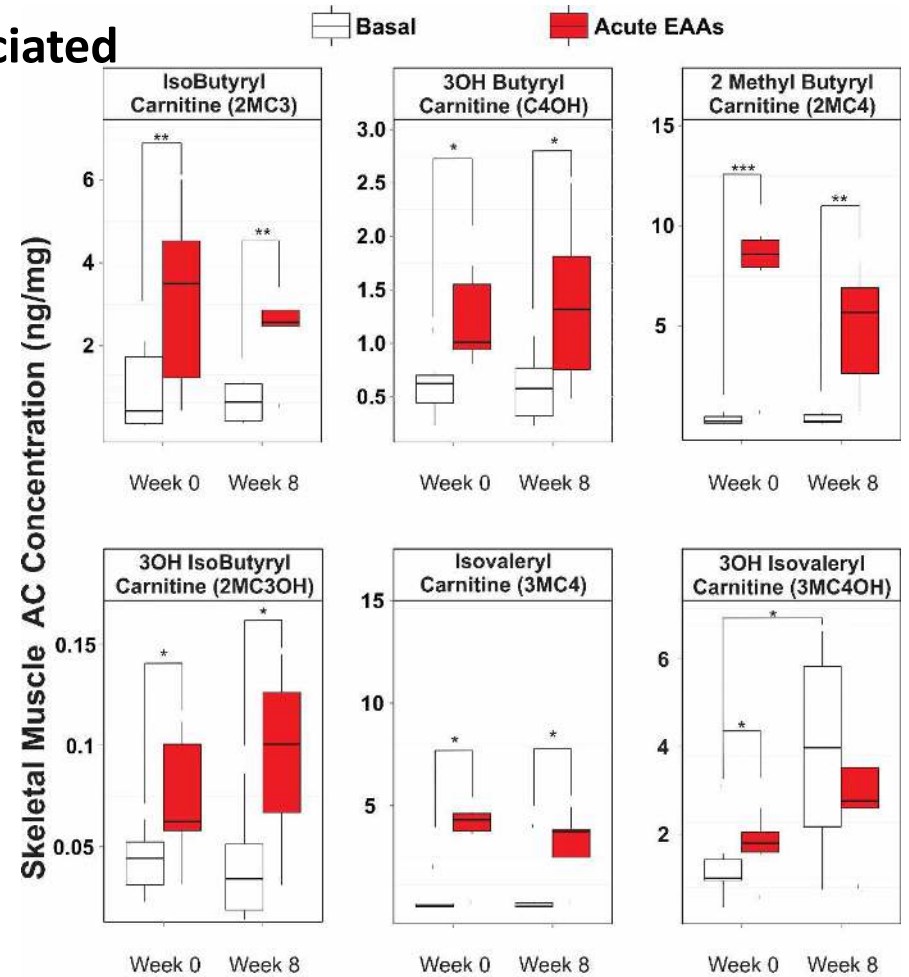
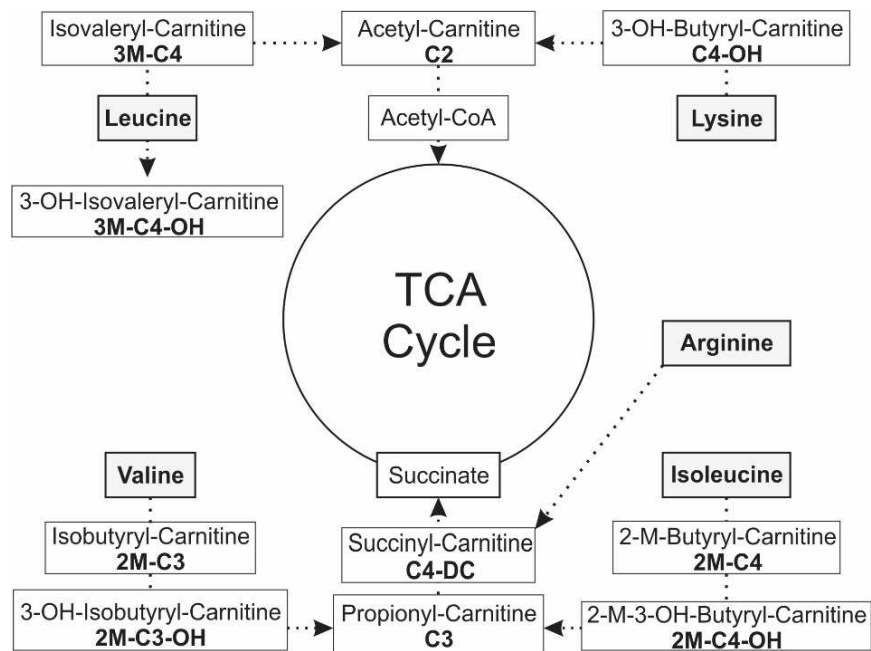
**Valine**



\* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.005

**1a) There is a large increase in acylcarnitines associated With oxidation of BCAAs in response to EAA challenge.**

**1b) This change is largely consistent with one exception (3MC4OH).**

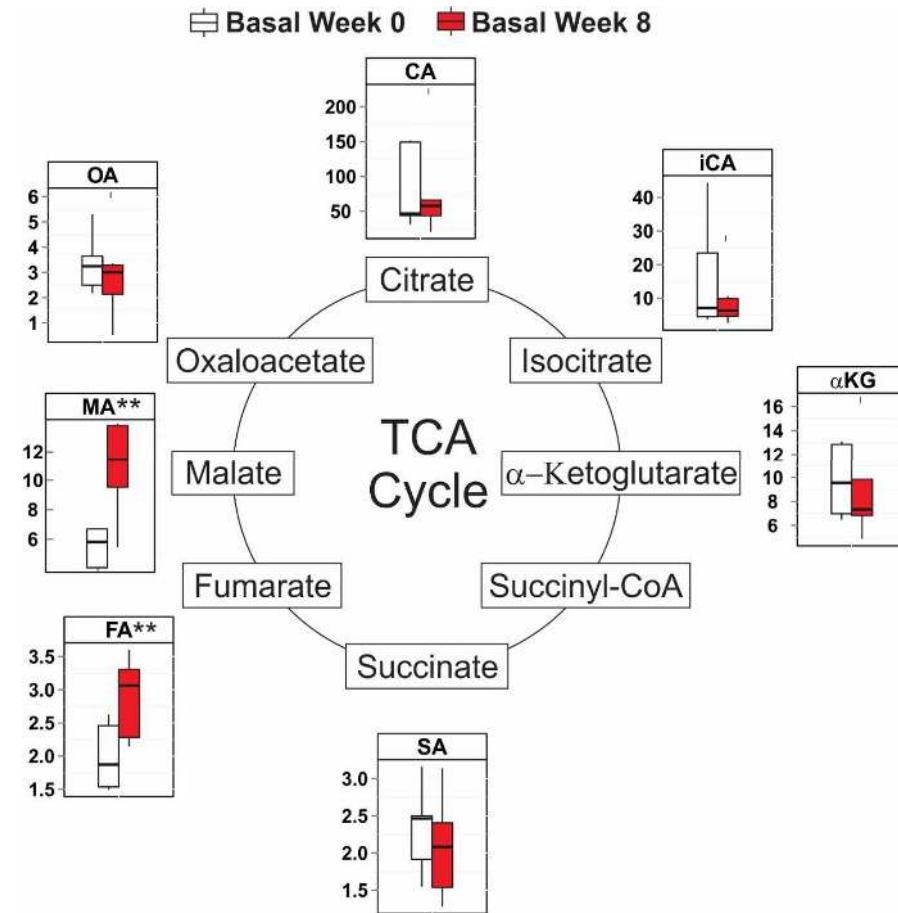
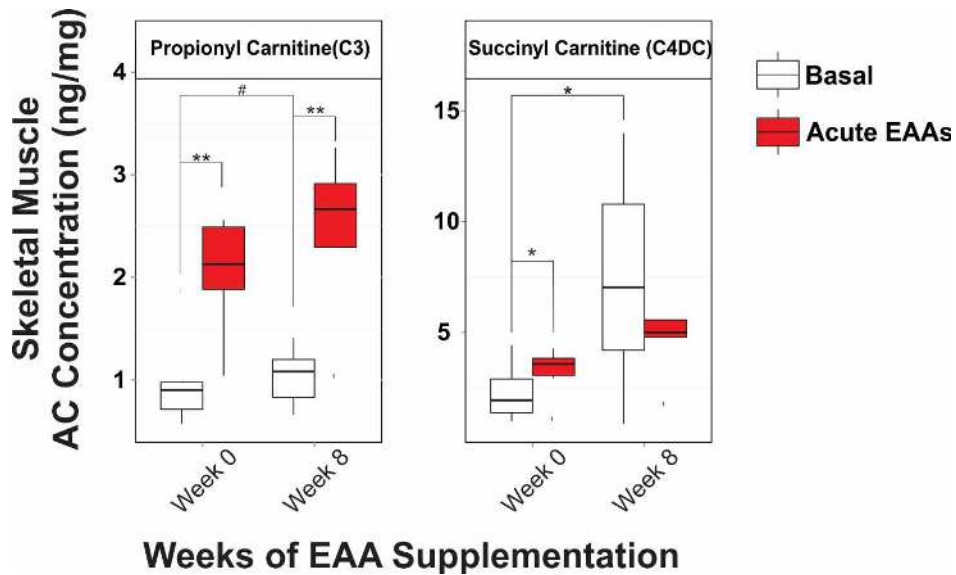


**Weeks of EAA Supplementation**

\* p < 0.05, \*\* p < 0.01, \*\*\* p < 0.005

2a) We see evidence that chronic EAA supplementation increases anaplerosis (replenishes TCA pool)

- i) accumulation of late state TCA intermediates
- ii) accumulation of anaplerotic acylcarnitines



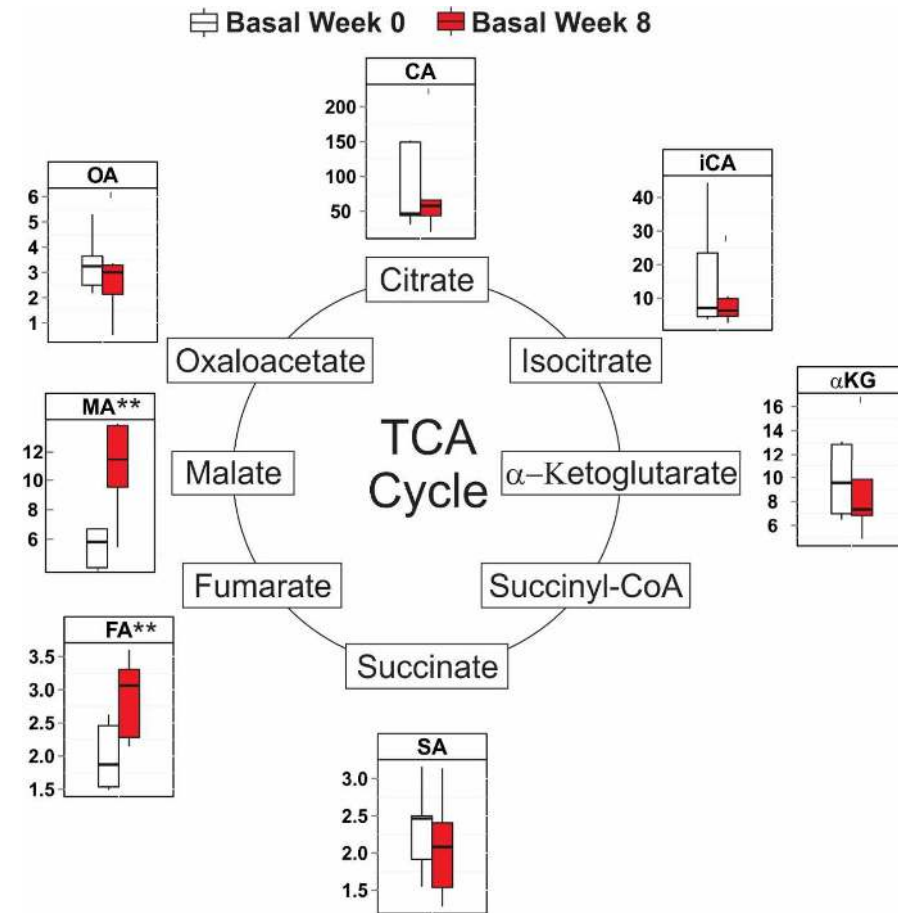
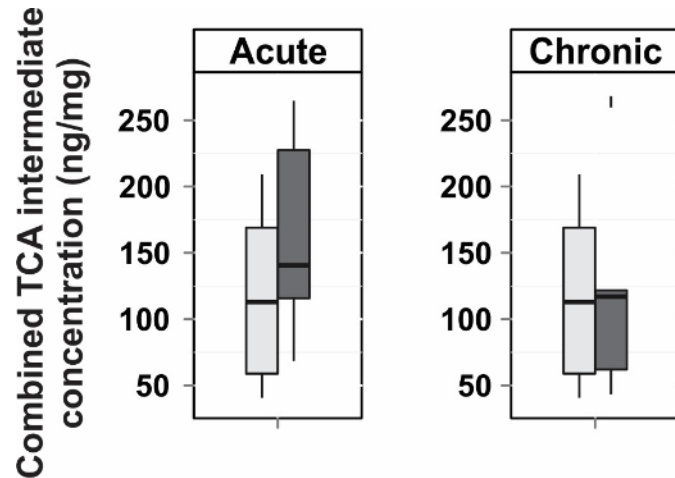
\*\* p < 0.01



2a) We see evidence that chronic EAA supplementation increases anaplerosis (replenishes TCA pool)

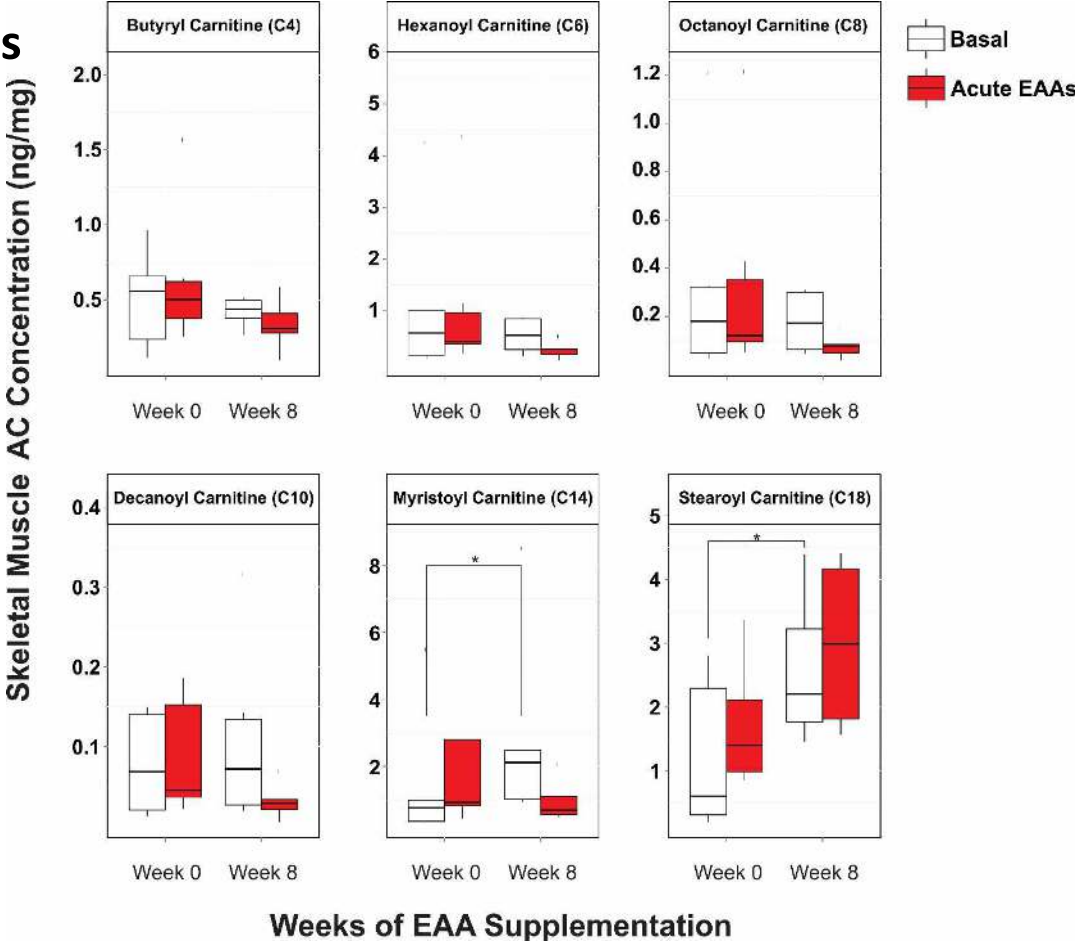
- i) accumulation of late state TCA intermediates
- ii) accumulation of anaplerotic acylcarnitines

2b) TCA pool size does not change



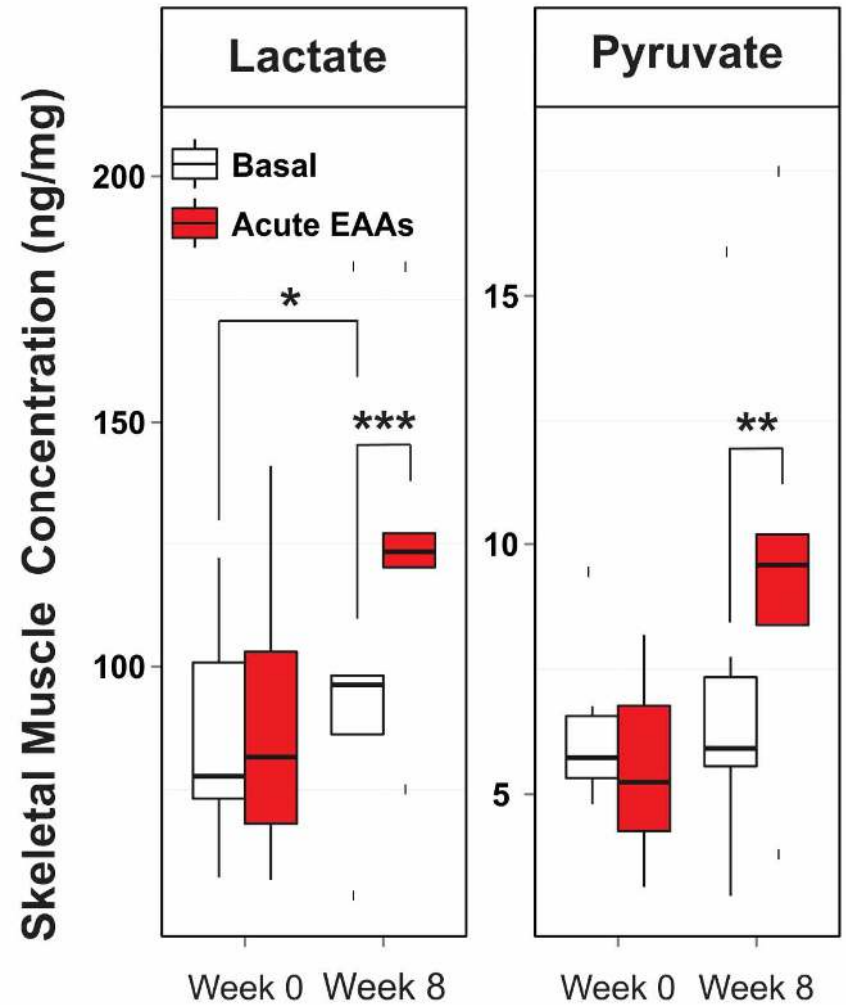
\*\* p < 0.01

**3) Long, but not medium, chain acylcarnitines accumulate in skeletal muscle with chronic EAA supplementation.**

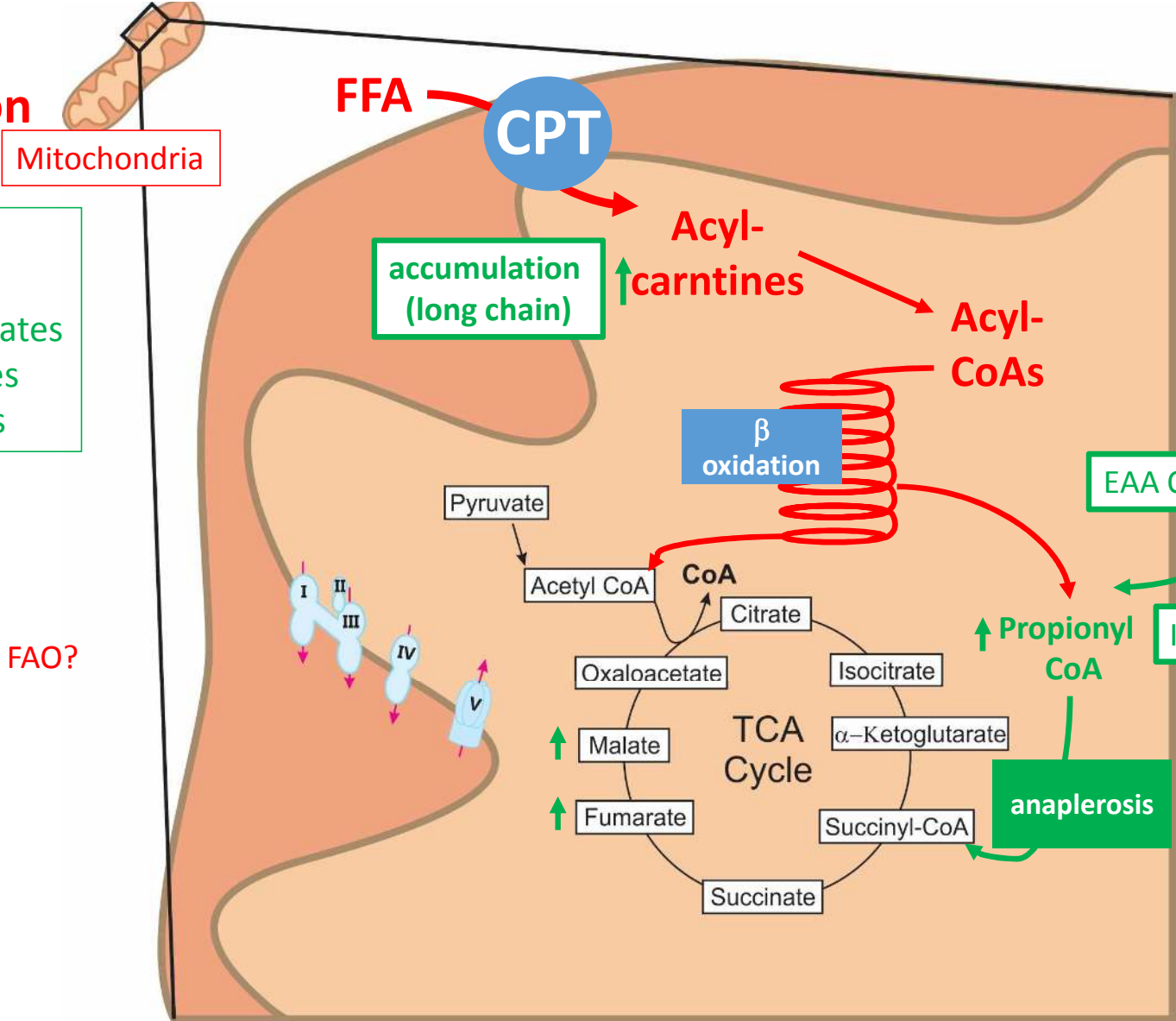


**3a) Lactate accumulates in skeletal muscle with chronic EAA supplementation.**

**3b) Lactate and pyruvate increase in response to EAA challenge only after chronic period.**



# Effects of Chronic EAA Supplementation



Summary:  
 Increased accumulation of:

- Late state TCA intermediates
- Anaplerotic acylcarnitines
- Long chain acylcarnitines

Does EAA oxidation "box out" FAO?

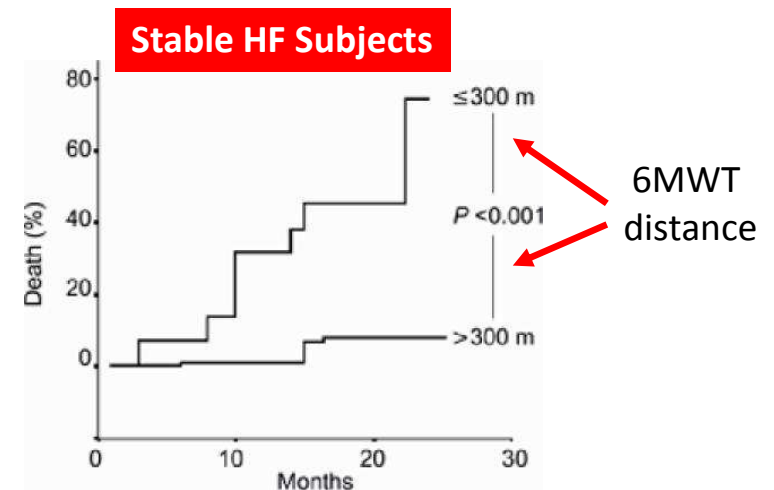
Does TCA pool size limit FAO?

# Project #2: Characterize the Metabolic Fingerprint of HF in Skeletal Muscle

**Heart Failure (HF)** – Condition in which the heart is unable to supply sufficient blood.

- Effects 5-10% of population over 65.
- 50% risk of death within year of diagnosis.
- Largest source of hospital readmission for Medicare patients.

**Exercise intolerance** is a hallmark of HF and the is predictive of mortality [as measured by the six minute walk test (6MWT)]

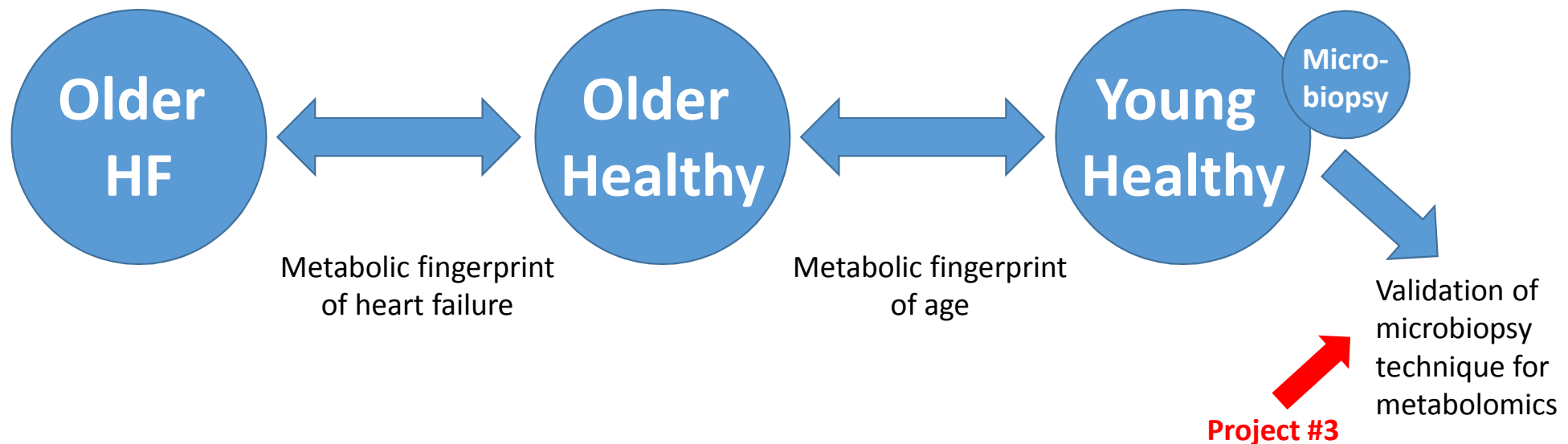


*Arslan et al. Tex Heart Inst J, 2007*



# Study Design

Collect fasted muscle biopsies from three groups of subjects (n = 30):

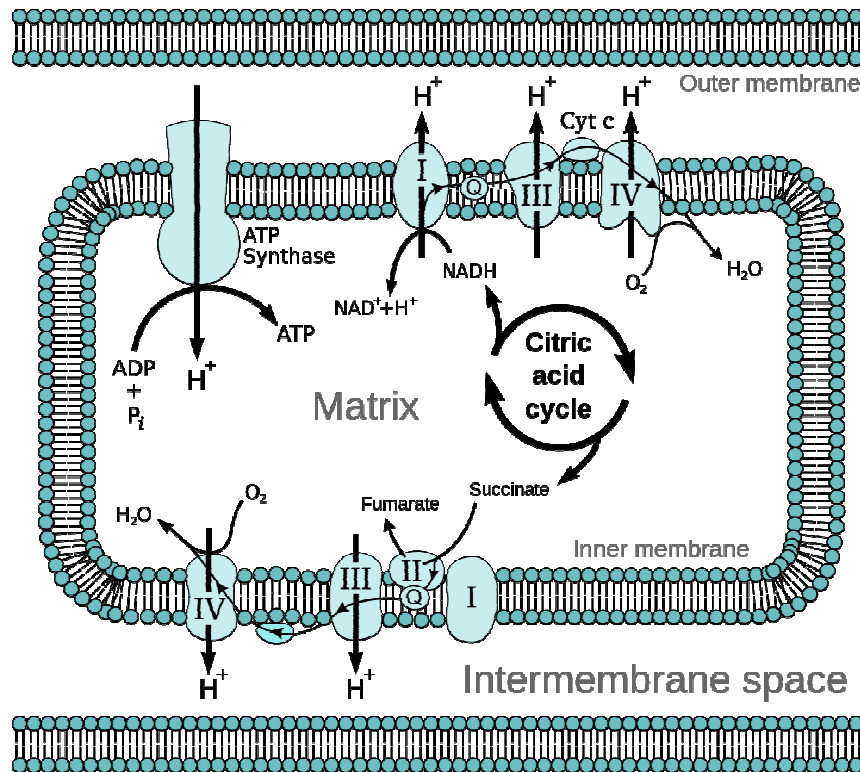


Analysis to be conducted :

- 1) High resolution respirometry (HRR)
- 2) Targeted metabolomics ← Currently underway

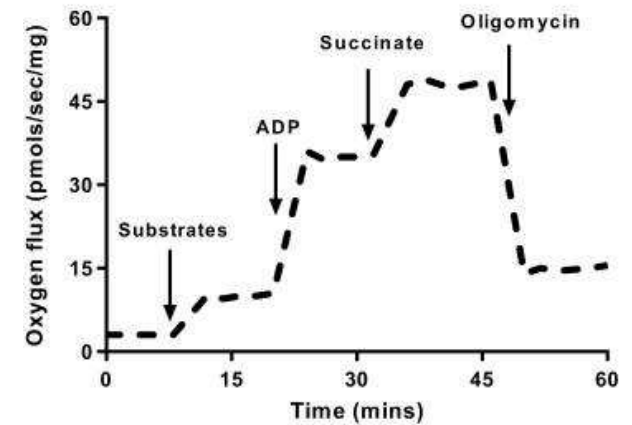
# HRR conducted on permeabilized skeletal muscle fibers.

- (1) Older Heart Failure (10) (65-85)
- (2) Older Healthy (10) (65-85)
- (3) Younger Healthy (10) (25-45)
- (4) Matched Younger Healthy Microbiopsy (9)



SUIT Protocol A

Mitochondrial Coupling State		
Leak L	Phosphorylating P	Leak L

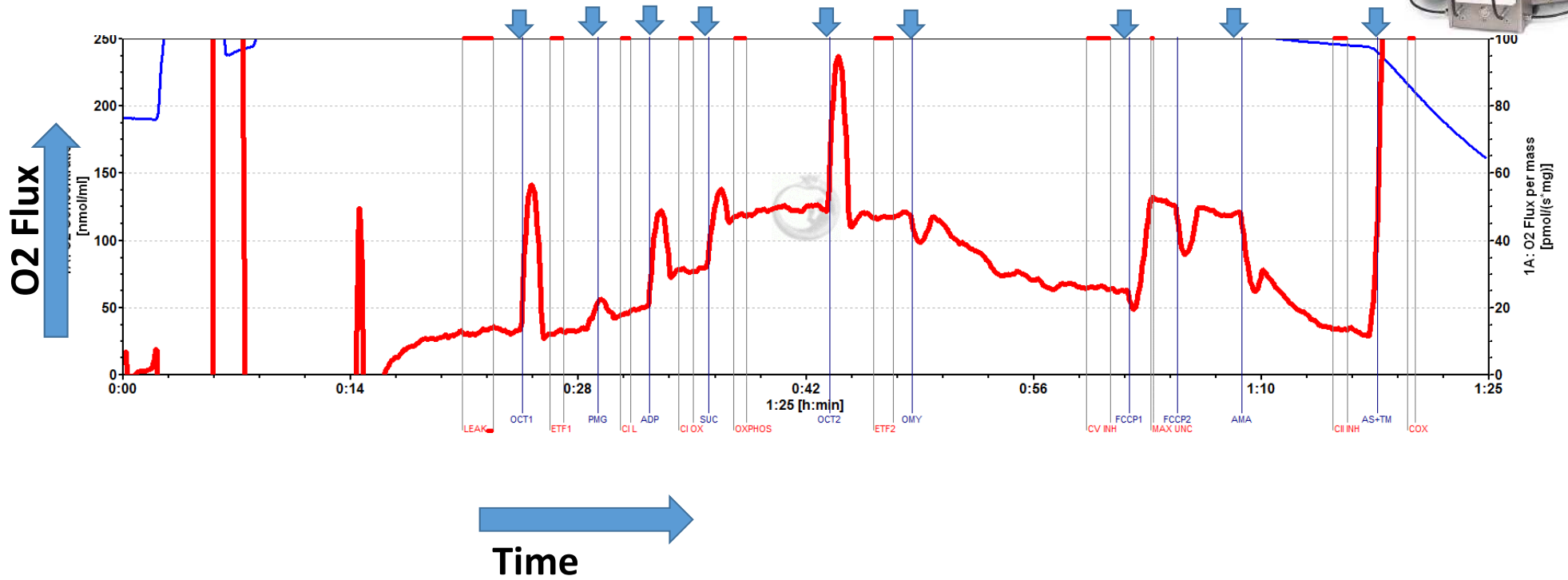


State 1	State 2	State 3	State 3 <sub>o</sub>	State 4 <sub>o</sub>
Respiratory State				

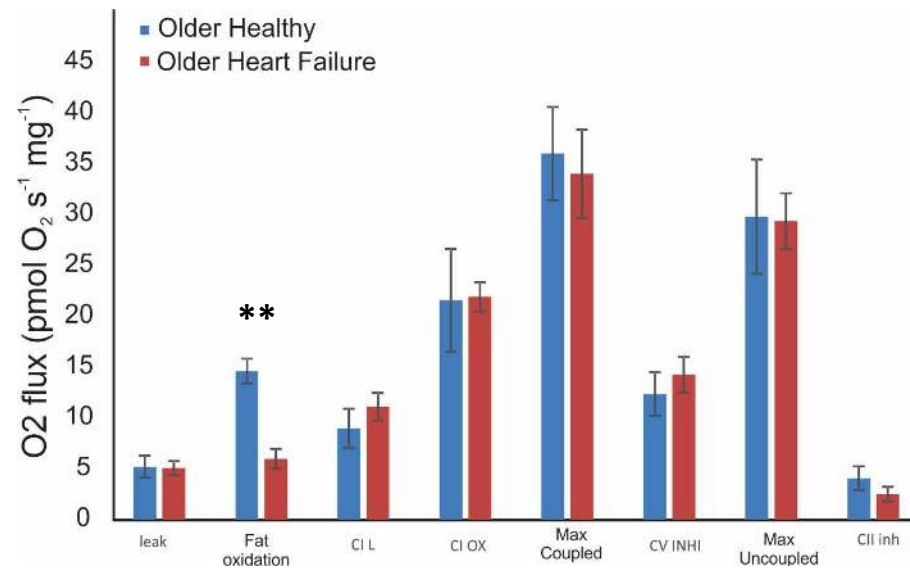


# HRR Data

## Substrates or inhibitors



# HRR of HF vs. Healthy Older Adults



HF subject skeletal muscle has reduced fatty acid oxidation potential

\*\* p < 0.01

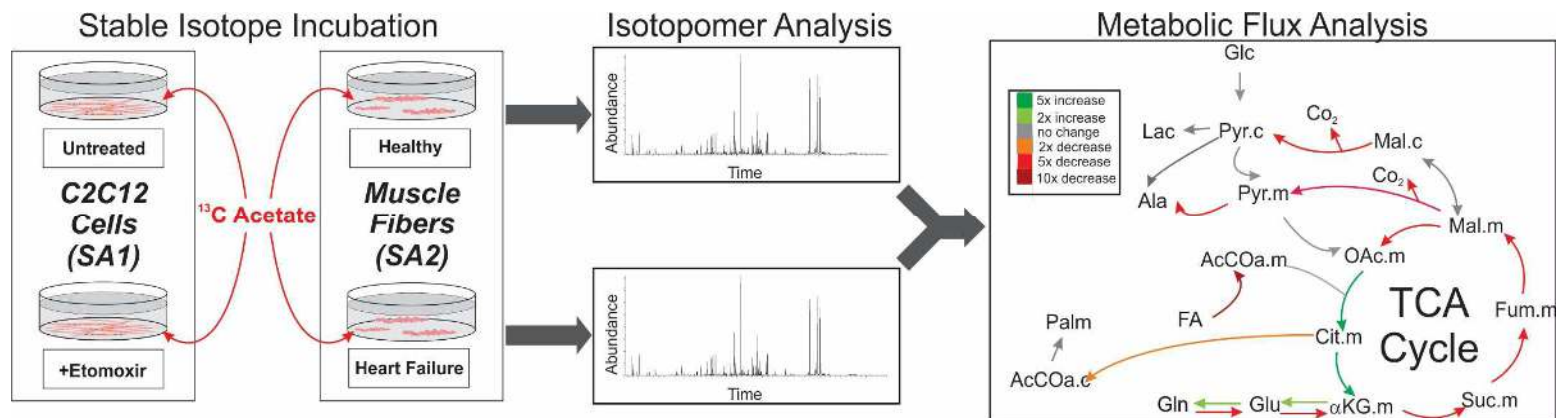
# Ongoing and future work

## Ongoing:

- Metabolic “fingerprint” of HF in skeletal muscle
- Validation of micro biopsy tool for metabolomics studies
- Relationship of BMI, musculoskeletal performance, functional capacity and ejection fraction in HF

## Future:

- Develop metabolic flux analysis (MFA) platform for human skeletal muscle studies.



# Acknowledgements

## Co-investigators:

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Eugenia Carvalho, PhD  
Il Young Kim, PhD

## Study Nurse:

Scott Schutzler

## Study Coordinator:

Cosby Lasley

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Jeanne Wei, MD PhD      Gohar Azhar, MD  
Elisabet Borsheim, PhD

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Pedro Delgado, MD

Nia Indelicato  
Amy Jo Jenkins

Other KL2 Scholars!



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